



TRAINING UPDATE 03.09.24



MONTAG

GRUPPE	ZEIT	HALLE	COACH	BEMERKUNG
U8 Ballspaß 1	16:00 – 17:00	Monte	Corinna	AC Fini
U12 orange	16:00 – 17:30	LTH 1+2	Adam	AC Justin
U8 Ballspaß 2	17:15 – 18:15	Monte	Corinna	AC Fini
Ballschule	16:20 – 17:45	AKG 1	Marcel	Skills
Akademie	17:30 – 18:30	AKG 2	Marcel	Skills
Akademie	17:45 – 19:00	AKG 1	Marcel	Skills
U16w	18:00 – 19:30	CHG 1	Zoltan	

DIENSTAG

U10 schwarz	16:00 – 17:30	Monte	Adam	
U12 schwarz	16:00 – 17:30	LTH 1	Justin	AC Pablo
U14 orange	16:00 – 17:30	LTH 2	Marcel	
U18	16:00 – 17:30	BS II	Aaron	
U16 orange	17:30 – 19:00	LTH 2	Marcel	
Akademie Fit	17:30 – 19:00	Monte	NN	
He1	19:30 – 22:00	AKG 1-3	Aaron	

MITTWOCH

Individual He1	17:30 – 19:00	BS II 1	Aaron	Skills
Akademie	17:30 – 19:00	BS II 2	Marcel	Skills
U18	19:00 – 20:30	BS II 1+2	Aaron	
He2	20:00 – 22:00	Dirl 1+2	Josef	

DONNERSTAG

Akademie Fit	14:30 – 16:00	SPZ	NN	
Akademie Fit	16:00 – 17:30	SPZ	NN	
U14 schwarz	16:30 – 18:00	CHG 2	Marcel	
Akademie Bigs	17:00 – 19:30	LTH 1	Justin	
U16 schwarz	18:00 – 19:30	CHG 2	Marcel	
Freies Spiel	19:30 – 22:00	CHG 1+2	Annika	
He1	20:00 – 22:00	AKG 1-3	Aaron	



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FREITAG

U10 orange	15:00 – 16:30	AKG 1	Adam	AC Nina
U12 schwarz	15:00 – 16:30	AKG 2	Justin	
U14 schwarz	15:00 – 16:30	AKG 3	Marcel	
U10 schwarz	16:30 – 18:00	AKG 1	Nina	
U12 orange	16:30 – 18:00	AKG 3	Adam	
U14 orange	16:30 – 18:00	AKG 3	Marcel	
U16w	17:00 – 19:00	Dirl 1-2	Zoltan	
U16 schwarz	18:00 – 19:30	AKG 1	Justin	
U16 orange	18:00 – 19:30	AKG 2	Marcel	
U18	18:00 – 19:30	AKG 3	Aaron	
He1	20:00 – 22:00	AKG 1-3	Aaron	

SAMSTAG

Ballschule	09:00 – 11:30	AKG 1	Adam	Skills
Akademie	09:00 – 11:30	AKG 2-3	NN	Skills

SONNTAG

Akademie	09:00 – 18:00	AKG 1	Marcel	Skills
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