



a = orange = advanced

b = schwarz = basic

### Montag

| Gruppe              | Zeit          | Halle     | Coach           |
|---------------------|---------------|-----------|-----------------|
| U10 orange          | 16:30 – 17:30 | AKG 1     | Niko /Marius    |
| U12 schwarz         | 17:30 – 19:00 | AKG 1     | Luis / Marius   |
| Akademie            | 19:00 -20:00  | AKG 1     | Luis            |
| U8 / Ballspass      | 17:30 – 18:30 | AKG 2     | Corinna         |
| Akademie<br>U14/U16 | 17:30 – 19:30 | LTH (1+2) | Milos / Predrag |
| U14/U16w            | 18:00 – 19:30 | CHG       | Zoltan          |

### Dienstag

|             |               |         |                 |
|-------------|---------------|---------|-----------------|
| U12 orange  | 16:00 – 17:30 | LTH 1   | Luis/Marius     |
| U 14 orange | 16:00 – 17:30 | LTH 2   | Predrag / Felix |
| U 16 orange | 17:30 – 19:00 | LTH 2   | Predrag / Felix |
| He1         | 19:30 – 22:00 | AKG 1-3 | Aaron           |

### Mittwoch

|                |                |             |       |
|----------------|----------------|-------------|-------|
| U18/ He2       | 17:30 – 19: 00 | BS II (1+2) | Aaron |
| Individual Pro | 20:00 – 22:00  | Dierl (1+2) | Aaron |

### Donnerstag

|                  |                               |             |                 |
|------------------|-------------------------------|-------------|-----------------|
| U14-U16 schwarz  | 16:30 – 18:00                 | CHG 2       | Predrag / Felix |
| Akademie:U14/U16 | Zeiten werden noch festgelegt | SPZ-Haslach | Nana            |
| Akademie         | 18:00 – 19:30                 | CHG 2       | offen           |
| Damen            | 19:30 – 21:00                 | CHG 2       | Malte / Annika  |
| Freies Spiel     | 19:30 - 22:00                 | CHG 1       | Annika          |
| He1              | 20:00 – 22:00                 | AKG 1-3     | Aaron           |



Training  
Update 09/23



## Freitag

|              |               |           |                 |
|--------------|---------------|-----------|-----------------|
| U10 schwarz  | 15:00 – 16:30 | AKG 3     | Niko            |
| U12 schwarz  | 15:00 – 16:30 | AKG 2     | Luis / Marius   |
| U 14 schwarz | 15:00 – 16:30 | AKG 1     | Predrag / Felix |
| U14 orange   | 16:30 – 18:00 | AKG 1     | Predrag / Felix |
| U12 orange   | 16:30 – 18:00 | AKG 2     | Luis / Marius   |
| U10 orange   | 16:30 - 18:00 | AKG 3     | Niko            |
| U 14w/ U16w  | 17:00 – 19:00 | Dierl 1-2 | Zoltan / Annika |
| U16 orange   | 18:00 – 19:30 | AKG 2     | Predrag         |
| U 16 schwarz | 18:00 – 19:30 | AKG 1     | Felix           |
| U18 / He2    | 18:00 – 19:30 | AKG 1     | Aaron           |
| He1          | 20:00 – 22:00 | AKG 1-3   | Aaron           |